

Support services

Below is a list of support services which may be helpful for anyone who has been personally affected by an incident we have attended or someone who is helping to care for them.

The list is not exhaustive and more help and advice may be required from your GP. However, more information about the services provided by the organisations listed is available on the links below.

Support following road traffic collisions

Road User Support Service (RUSS)

<http://www.roadusersupportservice.co.uk/>

Brake

<http://www.brake.org.uk/>

RoadPeace

<http://www.roadpeace.org/support/>

Mental health support

MIND

<http://www.mind.org.uk/information-support/guides-to-support-and-services/>

Support for people affected by crime or traumatic events

Victim Support

<https://www.victimsupport.org.uk/help-victims/ive-been-affected>

Bereavement support

Survivors of Bereavement by Suicide (SOBS)

National Helpline 0300 1115065

CRUSE Bereavement Care

National Helpline 0844 477 9400

Young Person's Freephone Helpline 0808 808 1677

www.rd4u.org.uk

Winston's Wish

<https://www.winstonswish.org.uk>

Winston's Wish is the UK's childhood bereavement charity. We support children and their families after the death of a parent or sibling.

08452 03 04 05

The Compassionate Friends

<https://www.tcf.org.uk/>

We offer support after the death of a child of any age.

0345 123 2304

The Way Foundation (Widowed & Young)

<https://www.widowedandyoung.org.uk/>

National charity for men and women aged 50 or under when their partner died.

The Samaritans

Whatever you're going through, call us free any time.

116 123 (24/7)

<https://www.samaritans.org/>

Pete's Dragon's

We help people living through the suicide of a loved one

<http://www.petesdragons.org.uk/>

01395 277 780